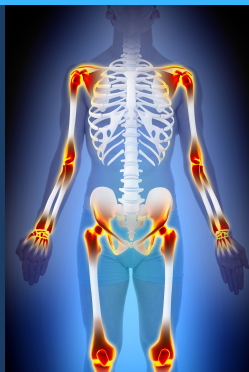


# ARTHRITIS NSW STAKEHOLDER SURVEY RESULTS 2020



## YOUR TYPES OF ARTHRITIS

- Osteoarthritis 53%
- Rheumatoid arthritis 23%
- Psoriatic arthritis 6%
- Fibromyalgia 2%
- Ankylosing spondylitis 2%
- Gout 1%
- Juvenile idiopathic arthritis (JIA) 1%
- Unsure 3%
- Other 8%



## TOP 4 TREATMENTS RECOMMENDED



1. Pain management medication 53%
2. Exercise - physio/EP 50%
3. Over the counter medication 48%
4. Immuno-suppressant medication 35%

## TOP 4 EFFECTIVENESS OF TREATMENTS



**Very Effective**

1. Warm water classes 28%
2. Prescription medications 24%
3. Allied Health (physio/OT) 17%
4. Magazines (Arthritis Matters) 15%

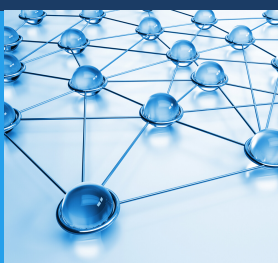
- .....
1. Telephone Info Service 56%
  2. Cryotherapy - hot or cold 53%
  3. Tai Chi 47%
  4. Acupuncture 47%

**Not Effective**



## HOW YOU ARE CONNECTED TO ANSW

1. Current Member 50%
2. eNews subscriber 36%
3. Arthritis Matters Subscriber 31%
4. Social Media Follower 21%



## TYPES OF CONTENT WANTED IN FUTURE



1. Latest Research 68%
2. Practical Advice 64%
3. Pain Management 59%
4. Exercise Tips 58%
5. Medicine & Medical Info 51%
6. Condition Info 49%
7. Latest news 45%

## WHY YOU DONATE TO ANSW

1. To support people with arthritis in NSW 21%
2. To support research 20%
3. I have arthritis & want to make a contribution 19%
4. To raise awareness 10%



## TOP 4 ISSUES YOU CURRENTLY FACE



1. Stiffness and lack of mobility 74%
2. Pain - 70%
3. Fatigue 54%
4. Cost of treatments - 17%

## WHAT'S MOST IMPORTANT TO YOU

1. Research - cure & treatment 70%
2. Trusted evidence based info 58%
3. Affordable & accessible health services 55%
4. Advocacy on behalf of people with arthritis 21%

